

Literatur-Empfehlungen

Annehmen ist der große Wandler.
Lao Tse

Cassou, Michele (2003): Point Zero - entfesselte Kreativität - Frei und schöpferisch leben, AURUM

Eden, Donna; Feinstein, David (2008): Energy Medicine - Balancing Your Body's Energy for Optimal Health, Joy and Vitality, piatkus

Eden, Donna (2004): The Energy Medicine Kit, Sounds True

Morter, Sue (2019): The Energy Codes – The 7-Step System to Awaken Your Spirit, Heal Your Body, and Live Your Best Life, Atria Books

Ortner, Nick (2013): The Tapping Solution, HayHouse

Internet-Ressourcen

Donna Eden Energy Medicine (YouTube)
<https://www.youtube.com/user/innersource2>

Dr. Sue Morter - Bridging Science, Spirit & Human Possibility
<https://drsuemorter.com/>

Eden Energy Medicine
<https://edenenergymedicine.com/>

Eden Energy Medicine Handout Bank
<https://edenenergymedicine.com/handout-bank/>

EFT Universe
<https://www.eftuniverse.com/>

Energy Medicine Directory
<https://energymedicinedirectory.com/>

Jonathan Goldman's Healing Sounds
<https://www.healingsounds.com/>

Judith Orloff: Self-Care for Sensitive People
<https://drjudithorloff.com/self-care-for-sensitive-people-2/>

The Energy Codes Book Support Material
<https://drsuemorter.com/energycodesbook/>

"The Essentials of Energy Medicine" (EdenMethod)
<https://edenmethod.com/essentials-of-energy-medicine/>

The Tapping Solution
<https://www.thetappingsolution.com/>

The Work of Byron Katie
<http://www.thework.com>

**You Wealth Revolution - The Largest Free Transformational Energy
Healing and Meditation Community on the Planet**
<https://www.youwealthrevolution.com>

Your Body Wants To Be Free of Pain and Anxiety
Free 60-Minute Online Class Gets You Out of Your Own Way
<https://edenmethod.com/free-energy-class/>

Radiant Circuits: The Pathways to Joy, Bliss, and Wonder! (Free Class) -
[<https://edenmethod.easywebinar.live/replay-12>]

**"Simple, Effective Techniques to Help You Boost Your Vitality and Feel
Better Now"**
<https://www.soundstrue.com/products/the-energy-medicine-kit>

Wednesday Energy Minutes (EdenMethod, über 256 Videos) -
https://www.youtube.com/playlist?list=PLmEThGRFgaFLgGQu__GIGNwba1637uu76

Urheimische Zeit – Pandalis
<https://www.pandalis.de/de/prinzip/urheimische-zeit/>

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